

## Children, Nature and You Suggested Reading for Adults

### “Must Read”

Louv, Richard, (2008) *Last Child in the Woods: Saving our Children from Nature Deficit Disorder*, Algonquin Books of Chapel Hill.:

This is the seminal book of the Children and Nature movement. Informative, moving, inspiring and impressively and convincingly researched.

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*The Sense of Wonder* by Rachel Carson (text 1956,) reissued with photographs by Nick Kelsh in 1998.

Carson urges us to explore the wonders of nature with our children. “...to explore nature with feelings and emotions, to use of all our senses, and to abandon the impulse to teach or explain.”

As Carson explains, “Once the emotions have been aroused, then we wish for knowledge about the object of our emotional response. It is more important to pave the way for the child to want to know than to put him on a diet of facts he is not ready to assimilate. Don’t hesitate to share the wonder with your child.”

- ✿ Berry, Thomas, (1990) *The Dream of the Earth*, Sierra Club Books, San Francisco.
- ✿ Cobb, Edith (1977) *The Ecology of Imagination in Childhood*, Spring Publications, Dallas.
- ✿ Cornell, Joseph, (1987) *Listening to Nature*, also *Sharing Nature with Children*, and *Sharing Nature with Children II*, Dawn Publications, 12402 Bitney Springs Rd. Nevada City, CA 95959
- ✿ Einon, Dorothy, (2004) *How Children Learn through Play*, Barron’s Educational Series, Inc, New York 1788.
- ✿ Elkind, David, (1998) *The Hurried Child* (revised edition), Perseus Books, Reading, Mass.
- ✿ Erikson, Erik H. (1963) *Childhood and Society*, W. W. Norton & Company, Inc. New York.
- ✿ Goleman, Daniel (1995) *Emotional Intelligence*, Bantam Books, New York.
- ✿ Greenspan, Stanley I., M.D. (1997) *The Growth of the Mind*, Addison-Wesley. Reading, Mass.
- ✿ Kahn, Peter and Kellert, Stephen (editors), *Children and Nature: Psychological, Sociocultural, and Evolutionary Investigations*, MIT Press, Cambridge, Mass.
- ✿ Pearce, Joseph Chilton (1977) *Magical Child*, Penguin Group, New York.
- ✿ Pulaski, Mary Ann Spencer, Ph.D. (1978) *Your Baby's Mind and How It Grows: Piaget's Theory for Parents*, Harper & Row, New York
- ✿ Roszak, Theodore: (1992) *The Voice of the Earth*, Simon and Schuster, New York.
- ✿ Wilber, Ken (1996) *A Brief History of Everything*, Shambhala, Boston & London

